

15. What I try to do in my daily life is important to me from a spiritual point of view.

A – Strongly disagree

B – Disagree

C – Neutral

D – Agree

E – Strongly agree

16. I am trying to fulfill my God-given purpose in life.

A – Strongly disagree

B – Disagree

C – Neutral

D – Agree

E – Strongly agree

17. Knowing that I am a part of something greater than myself gives meaning to my life.

A – Strongly disagree

B – Disagree

C – Neutral

D – Agree

E – Strongly agree

18. Looking at the most troubling or confusing events from a spiritual perspective adds meaning to my life.

A – Strongly disagree

B – Disagree

C – Neutral

D – Agree

E – Strongly agree

19. My purpose in life reflects what I believe God wants for me.

A – Strongly disagree

B – Disagree

C – Neutral

D – Agree

E – Strongly agree

20. Without my religious foundation, my life would be meaningless.

A – Strongly disagree

B – Disagree

C – Neutral

D – Agree

E – Strongly agree



21. My feelings of spirituality add meaning to the events in my life.

- A – Strongly disagree
- B – Disagree
- C – Neutral
- D – Agree
- E – Strongly agree

22. God plays a role in how I choose my path in life.

- A – Strongly disagree
- B – Disagree
- C – Neutral
- D – Agree
- E – Strongly agree

23. My spirituality helps define the goals I set for myself.

- A – Strongly disagree
- B – Disagree
- C – Neutral
- D – Agree
- E – Strongly agree

24. Speaking with a minister of my faith or a chaplain encourages me.

- A – Strongly disagree
- B – Disagree
- C – Neutral
- D – Agree
- E – Strongly agree

Please complete the following sentences in your own words.

1. No matter how bad things get, I feel most at peace when I...

2. _____ gives me hope.



3. If God were standing here, the one thing I would like to tell God is...

Multiple Choice Answers in Spiritual Assessment Adapted From

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