

What resources does the SFAC provide?

SFAC employees and liaisons provide resources and assistance in nearly every area of a Soldier's recovery and transition. SFAC employees assess individual and Family needs, provide information, make service referrals and follow up with Soldiers and Families as appropriate. Specifically, WTU Soldiers and Families can work with the SFAC on:

- **Human resource assistance:** SFAC employees help Soldiers and their Families navigate Federal, state and military benefit systems and linking them with related resources.
- **Social services:** Soldiers and Families may receive screenings and evaluations for referral, crisis intervention and professional services for treatment as appropriate.
- **Financial counseling:** Soldiers and Families come to the SFAC for help with personal budgeting, spending plans, long-term and estate planning, [Traumatic Servicemembers' Group Life Insurance \(TSGLI\)](#) and more.
- **Transition and employment assistance:** [Soldier for Life - Transition Assistance Program \(SFL - TAP\)](#), transition benefits and services, coordination with other service providers, employment assistance training and Soldier preparation for the Federal and civilian employment market are all available through the SFAC, to support the [Comprehensive Transition Plan \(CTP\)](#) career goals developed with the [Transition Coordinator](#).

- **Educational counseling:** Staff provides on-site education support and counseling services, such as General Technical Score improvement classes, assistance with education benefits and introduction to the GoArmyEd internet service.
- **Child, youth and school services:** Select SFACs provide hourly child care and other youth programs, child care information, as well as coordination with services such as the Exceptional Family Member Program and [Morale Welfare and Recreation \(MWR\) Activities](#).
- **Defense Finance and Accounting Services (DFAS):** Soldiers receive assistance navigating DFAS. Experts can guide Soldiers and their Families with military pay support, travel advances and travel settlements on DFAS.

Where can I find more resources?

- [Soldier and Family Assistance Centers](#)
- [U.S. Army Child, Youth and School Services](#)
- [Army Career and Alumni Program \(ACAP\)](#)
- [U.S. Army Family and Morale, Welfare and Recreation Programs](#)
- [Exceptional Family Member Program](#)