



## **Wheelchair Basketball**

Wheelchair basketball is a recognized Paralympic and professional sport for persons recovering from severe injuries such as amputations, spinal cord injuries, brain injury and neurologic disorders. Soldiers who have stable lower body and/or back injuries, balance difficulty, behavioral health issues, Post-Traumatic Stress Disorder (PTSD), and/or have sustained Traumatic Brain Injuries (TBI) may benefit from participating in wheelchair basketball. Each Soldier's Adaptive Reconditioning team will screen Soldiers for participation in wheelchair basketball.

### **Resources are provided by:**

- Adaptive Reconditioning team
- Non-Commissioned Officer (NCO)
- Morale, Welfare and Recreation (MWR) programs

### **Equipment/resources provided:**

- Standard issue wheelchairs (Should be annually maintained for safety)
- Basketball court and basketballs

### **Equipment/resources Soldier brings:**

- Athletic clothing (shorts, tee-shirt)
- Sneakers
- Water
- Gloves (if desired)

### **Location(s):**

- MWR gym
- Local YMCA, gym or recreation center
- \*Costs may be associated (local gym fees)

Adaptive Reconditioning resources and Recreational Services may be available through the WCT Community Support Network (CSN) at no cost, or significantly reduced in price. Please refer to our CSN page for more information:

[http://www.wct.army.mil/modules/support%20network/c1\\_adaptivereconditioning.html](http://www.wct.army.mil/modules/support%20network/c1_adaptivereconditioning.html)