

2014 ARMY WARRIOR GAMES ATHLETE

NAME

Anne Oravec

RANK

Sergeant

STATUS

Veteran

CURRENT OCCUPATION

Owns a dessert catering and cake business

FORMER UNIT

855th Military police,
Phoenix, Arizona

HOMETOWN

Phoenix, Arizona

CURRENT LOCATION

Denver, Colorado

SCHOOL(S)

Marcos de Niza High School,
Tempe, Arizona;

Kinesiology at Arizona State University
(BS); Auguste Escoffier School of
Culinary Arts, Boulder, Colorado

INJURY OR ILLNESS

Traumatic brain injury (TBI)

LOCATION AND DATE OF INJURY OR ILLNESS

Iraq, 2003

EVENT(S)

Swimming, Track



“Sports and exercise in general have become the best medicine for me,” said retired Sgt. **Anne Oravec**, who sustained a traumatic brain injury (TBI) while deployed to Iraq in 2003. “After making Team Army, I’ve really focused on making it more of a lifestyle and leading a healthier life.”

Oravec had always been interested in sports, even before her injury. Now, athletic activities like cycling and running play an even more integral role in her life. After competing in the 2014 U.S. Army Warrior Trials and leaving with two gold medals and one bronze in different track events, she was chosen to represent the Army team in this year’s Warrior Games. She will compete in track and her newly discovered sport, swimming.

“Making the team has encouraged me to work on reaching my athletic full potential,” Oravec said. “I never thought I would enjoy training in the pool, as I’ve always been a runner, but I find myself loving it. It’s a great sport that is more conducive to my injuries than running,” she added.

Oravec currently runs a dessert catering and cake business. She dreams of one day opening her own bakery and starting a non-profit organization that teaches Veterans new skills.

For now, she remains excited to be a part of the Army team at Warrior Games. “As a Veteran, it is an honor to be able to represent the Army again,” she said.



“AS A VETERAN, IT IS AN HONOR TO BE ABLE TO REPRESENT THE ARMY AGAIN.”

