

# 2015 ARMY WARRIOR GAMES ATHLETE

## NAME

Timothy Payne

## RANK

Staff Sergeant

## STATUS

Veteran

## MOS

11B (Infantryman)

## HOMETOWN

Amherst, New York

## CURRENT LOCATION

Raleigh, North Carolina

## SCHOOL(S)

Not specified

## INJURY OR ILLNESS

Bi-Lateral above the knee amputee

## LOCATION AND DATE OF INJURY OR ILLNESS

Afghanistan, 2011

## EVENT(S)

Field, Swimming



Staff Sgt. Timothy Payne retired from the Army in 2014 after being critically injured in Afghanistan on July 3, 2011. He served for 11 years in the infantry and lives the Army values of Loyalty, Duty, Respect, Selfless-service, Honor, Integrity, and Personal courage. After losing his legs in combat, Payne used these Army values to shape his attitude. "It is about paying it forward to show other soldiers you can carry on and be strong, Army Strong."

Physical fitness has always been very important to Staff Sgt. Payne and is the center point of his recovery. He enjoys being with other Warriors to share his experiences and have fun competing against other branches as a team. "We are all part of a military family," said Payne.



"If I build my body up and keep it strong, my mind will stay just as strong."

